

# VEHICLE SAFETY BASICS

8th Grade Curriculum





#### What Makes a Vehicle "Safe"?



Your car has tools that can help you make decisions to help keep you safe.

Let's break down how it all works.



#### Seat Belts: Your First Line of Defense

Of course, seat belts are the simplest and most effective safety feature in any vehicle.

Buckle up before you start up!

#### **SEAT BELTS:**

- Prevent you from flying forward in a crash.
- Protect your head, spine and organs.
- Work WITH airbags, not replace them.
  - Should be over your shoulder, across your chest, and low and snug across your hips.

# Airbags The Backup System

Airbags add protection by rapidly inflating on impact to cushion your body — but they only work correctly when you're buckled up.





Adjust your seat so that you're
10 INCHES from your driver's side
airbag for safety. This distance is
measured from the center of the
steering wheel to your breastbone.

Sit back from the steering wheel or dashboard — DON'T LEAN FORWARD, and never put your feet on the dash!

### Mirrors Help You See More

No matter how good your reflexes are, you can't react to what you can't see!

#### Rearview mirror = what's behind you

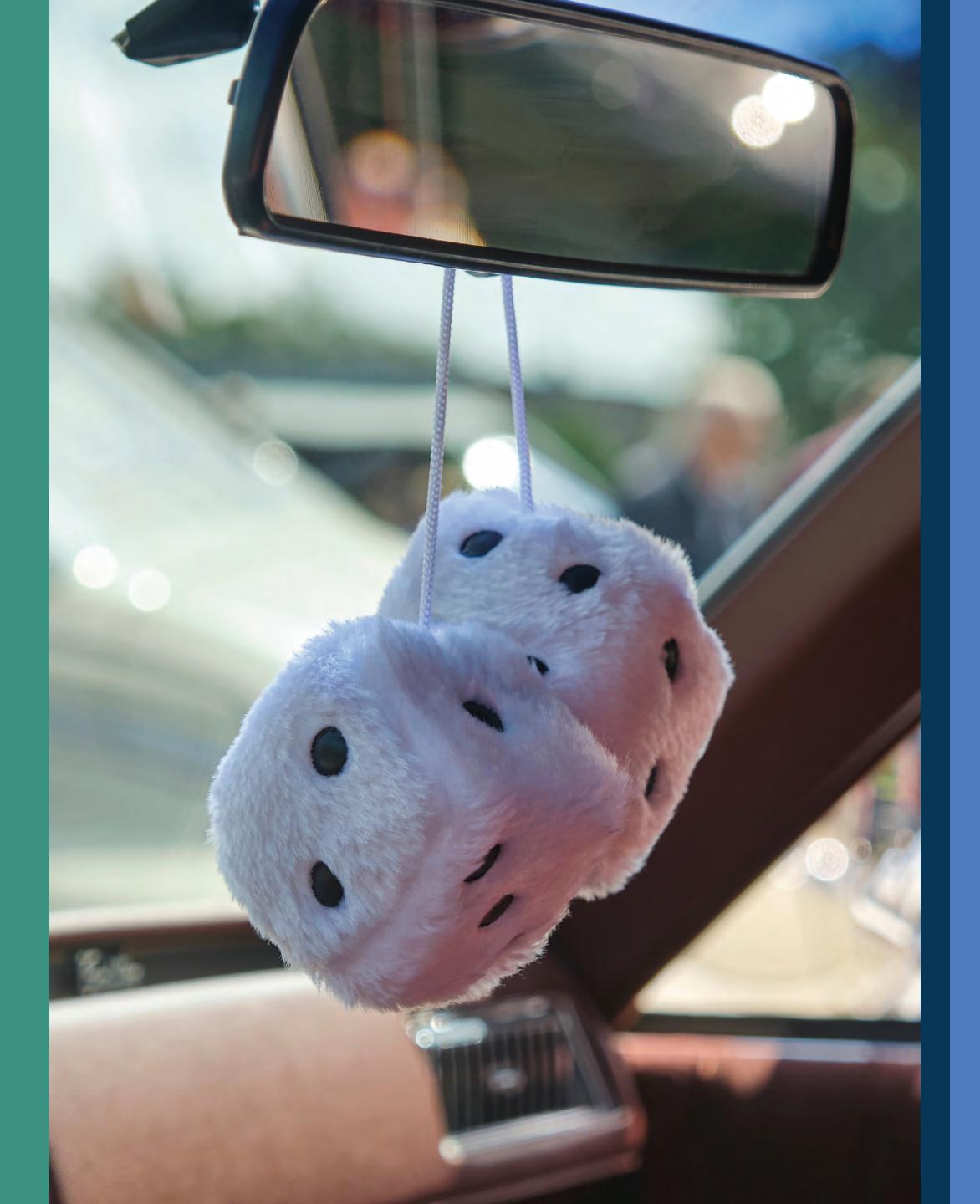
 Adjust so you can see the entire rear window from the driver's seat. You should only have to move your eyes.





#### Side-view mirrors = what's next to you

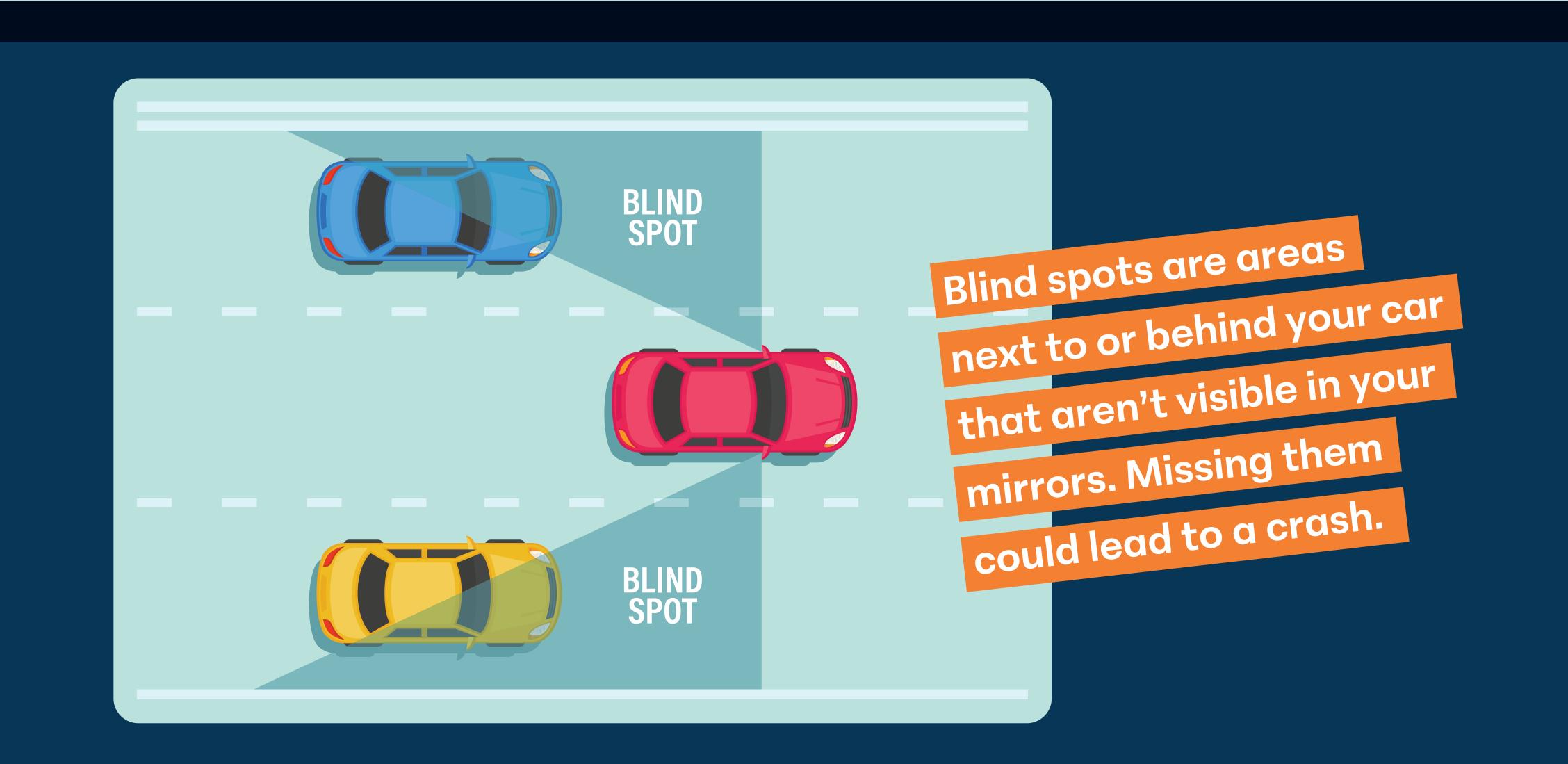
- To adjust the driver's side-view mirror, place your head against the left side window and set the mirror so you can just barely see the side of the car on the mirror's right side.
- To adjust the passenger's side-view mirror, position your head so that it is just above the center console. Set the mirror so you can just barely see the side of the car on the left side of the mirror.



DO NOT hang items from your mirror or clutter up the view through the windshield with decals.

REMEMBER, objects may be closer than they appear in the mirror, and mirrors don't show objects in your blind spots.

## BLIND SPOTS = HIDDEN DANGER





Always check over your shoulder before changing lanes — don't just trust your mirrors!

Do not drive on either side or slightly behind other vehicles.

When passing another vehicle, do not stay in another driver's blind spot.

Never stay alongside a large vehicle such as a tractor-trailer or bus.

Get out of the other driver's blind spot as soon as possible by speeding up or slowing down.



## Backing Up

It can be difficult to get a clear view behind your vehicle. When backing up, you should:

- Check behind your vehicle before you get in. Children or small objects cannot be seen from the driver's seat.
- Place your right arm over the back of the passenger seat and turn your body so you can look directly through the rear and side windows. Do not depend on your mirrors, as you cannot see directly behind your vehicle.

# Backing Up

- Back slowly. Your vehicle is harder to steer while you are backing.
- While some vehicles have backup cameras, you should primarily rely on your own eyes.





### Braking System

Having brakes in GOOD

WORKING CONDITION

is really important in

preventing crashes.

If you notice any of these brake problems, take your vehicle to a licensed mechanic for an inspection:

- You hear a noise from underneath the vehicle when you press the brake pedal.
- You smell a bad smell during heavy braking.
- The vehicle doesn't brake immediately when you press the brake pedal.



# Lights

Working lights are also very important for your safety.

Every once in a while, check your turn signals, brake lights, taillights and headlights.

HEADLIGHTS help you see at night and help others see you. Here's how to use them:



Use headlights on rainy, snowy or foggy days so others can see you. Arkansas law requires drivers to turn on their headlights when windshield wipers are needed.

Turn on your headlights anytime you cannot see a person or object clearly within 500 feet.

Use low-beam headlights when following another vehicle closer than 200 feet.

High-beam headlights are twice as bright as low-beams. Only use them when there are no oncoming vehicles or vehicles in front of you.

Some vehicles have fog lights that may be better suited to use in fog, rain or snow.

#### To Honk or NOT to Honk?

Your horn should only be used to alert other road users of potential danger.



#### **USE YOUR HORN**

- A person on foot or on a bike appears to be moving into your path.
- You are passing a driver who starts to move or turn into your lane.
- A driver isn't paying attention and doesn't see you.
- You are approaching a location where you cannot see what is ahead, like a steep hill.
- ✓ You lose control of your vehicle and you are moving into oncoming traffic or in the direction of pedestrians.

#### **DON'T USE YOUR HORN**

- × To encourage other vehicles to speed up.
- × To inform other drivers of a mistake.
- × To greet a friend on the road.
- × Near blind pedestrians.

## Hazard Lights

Hazard lights, or emergency flashers, alert others that something's wrong so they can give you space.

- Turn them on if your car breaks down.
- Use them if you're pulled over and need to warn other drivers.
- Don't use them while driving unless you're moving very slowly for a reason, like a flat tire.



# Windshield and Wipers



The windshield of your car ensures your safety while driving. You should always keep your windshield clean.

If you get a CHIP OR CRACK in your windshield, you should replace or repair it as soon as possible. Damaged glass can break more easily in a minor collision or when an object hits the windshield.

Wiper blades should be replaced every SIX MONTHS TO A YEAR or as soon as you notice a difference in visibility.

## Tires

Keeping your tires in good shape is essential for your safety. Check your vehicle manual for specifics about your tires and follow these guidelines:

- Maintain proper tire pressure.
- Don't carry more weight in your vehicle than your tires can safely handle.
- Avoid road hazards, like potholes.
- Inspect tires for cuts, slashes and other irregularities.



# Check Tire Treads

- In general, tires are not safe and should be replaced when the tread is worn down to 1/16 of an inch.
- A method for checking tread depth is to place a penny in the tread with Lincoln's head upside down and facing you. If you can see the top of Lincoln's head, you are ready for new tires.



## Exhaust System

Your vehicle's exhaust system removes toxic gases, helps cool the hot gases and reduces noise from the running engine.

NEVER allow the engine to idle in your garage or another enclosed area. Fumes from a car exhaust can cause death in a very short time!

### Talk with Your Blinker



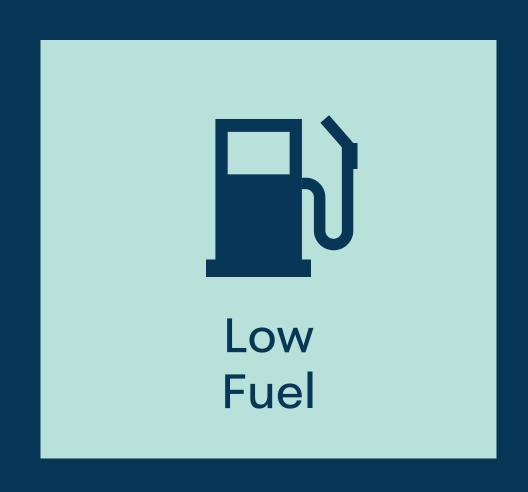
Other drivers can't read your mind! Turn signals or "blinkers" show what you're planning to do. You should warn other drivers you are going to change directions.

- Use before turning, merging into traffic or changing lanes.
- Signal early if possible, you should signal your intentions to turn at least 100 feet before a turn.
- Turn them off after you're done. A false turn signal is unsafe.

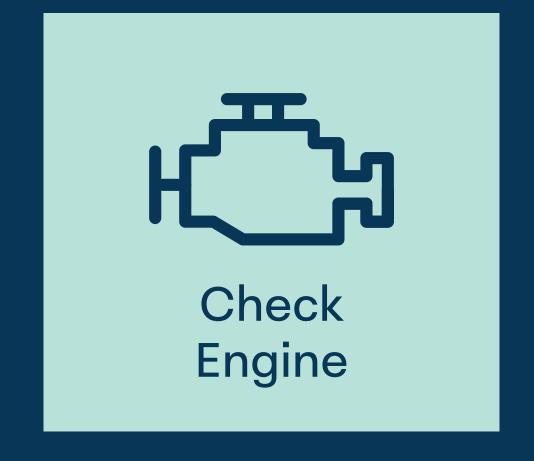
#### Vehicle Maintenance - Stay Road Ready

A well-maintained car is a safer car. Stay on top of regular maintenance, like oil changes, tire rotations and brake checks.

And those little lights on your dashboard? They tell you something's up! Don't ignore them — get help from an adult or check your manual.









# NOME THAT'S

What part of vehicle safety do you think most people forget?

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